

Roncalli Athletic Code Meeting

Bethany Glinski, MA, LAT

Marjorie Delo, MD, CAQSM



Sponsored by the Franciscan Sisters of Christian Charity

hfmhealth.org



Coverage Hours

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- After School
- Most days of the week (Mon-Fri)
- Hours from 3pm-5pm/5:30pm
- Coverage for home events
 - Football/soccer, then volleyball
 - Wrestling, then basketball
 - Soccer, then baseball/softball



Monday Morning Availability

- During Fall sports season
- Mondays Morning athletic injury evaluations
- August 29th-October 17th
- 7am-8am in Athletic Training room



Services Provided

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- Emergency response
- Injury evaluation
- Injury treatment/rehabilitation
- Preventative taping/kinesiotaping
- Physician referral



Physician Visits

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- Please bring the following information to the school/coach or myself:
 - Hospital/clinic and physician name
 - Diagnosis
 - Treatment recommendations
 - Participation restrictions
- The more detailed/specific the information, the better



Wisconsin Act 172: Concussion Bill

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- Each year parents and athletes must sign a concussion form stating you received and reviewed concussion education material
- You agree to report any hits that result in concussion like symptoms
- Returning to Play: written clearance is a must!
 - Must participate in a contact practice prior to clearance
- Athletic Trainer or other appropriate health care provider may give clearance.



Concussions

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- No one concussion is the same
- Sometimes only have headache or dizziness and no other symptom
- Sometimes symptoms present several hours after concussive incident
- Most complex injury in sports med to diagnosis, manage
- Err on side of caution, when in doubt sit them out!



ImPACT Testing

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- Immediate Post-Concussion Assessment and Cognitive Testing
- Assists with diagnosis and management of concussion
- Baseline testing (freshman and junior year)
 - preseason physical of the brain (tracks memory, reaction time, speed and concentration)
- Post injury testing completed at physicians office
- HFM Sports Concussion Clinic provided by Dr. Delo through Lakeshore Orthopaedics.
 - Only credentialed ImPACT consultant in the County.



ImPACT Testing (continue)

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- Baseline testing provided by school
- Baseline completed once every 2 years (freshman & junior year or new students/athletes)
- Email sent with sign up instructions
- Consent form was attached
 - Print, fill out and have student bring with them the day of the test
 - Please read all information for testing
 - Need date of all prior concussions



Pre-Participation Sports Physical

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- Last chance date: Aug 3th from 6pm-8pm
- Location: HFM Lakeshore Orthopaedics
- Purchase voucher from school
- Instructions for scheduling on voucher
- Health Care Reform Act
 - Can get a free physical with your Primary Care Provider!
 - Make an appt for a Well Child exam and bring along your WIAA physical form



Physician Services

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- Wednesday Bi-Weekly visit from Dr. Delo
 - Need parent permission (written or verbal)
- Football home game coverage
- Same day late afternoon appointments
 - Dr. Delo
 - Dr. Dopirak
- Concussion Clinic
 - ImPACT Testing
 - Only credentialed ImPACT consultant in the County.



 Holy Family Memorial
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HFM Wellness Center

**EXCLUSIVE FAMILY MEMBERSHIP OFFER FOR
RONCALLI HIGH SCHOOL**

60 Days for \$60

*Join for two months of all-inclusive membership for \$60 per person, when joining with a family member. Membership enrollment fee of \$50 per person is also waived. **Total savings—\$120! Now through September 15th***

Offer ends September 15, 2016. Cannot be combined with other offers. Some exclusions may apply.