

Weightlifting Records

Updated 12/31/16

Men's Records

Bench

Senior	Peter Katz	375	1997
Junior	Jim Madden	360	1991
Sophomore	Jim Madden	350	1990
Freshman	Jim Madden	310	1989
8th Grade	Spencer Fricke	170	2010

Squat

Senior	Jacob Mueller	635	2009
Junior	Jacob Mueller	600	2008
Sophomore	Jacob Mueller	535	2007
Freshman	Jacob Mueller	440	2006
8th Grade	Spencer Fricke	265	2010

Total

Senior	Jacob Mueller	870	2009
Junior	Jacob Mueller	850	2008
Sophomore	Jacob Mueller	775	2007
Freshman	Mike Koss	665	2005
8th Grade	Spencer Fricke	435	2010

Weight Class Records

125 and Under

Bench	Steve Hooker	170	1992
	Rich McClellan	170	1988
	Jacob Harvey	170	2008
Squat	Jacob Harvey	405	2006
Total	Jacob Harvey	555	2006

140 Class

Bench	Jesse Borman	260	1991
Squat	Jacob Harvey	440	2007
Total	Jacob Harvey	585	2007

155 Class

Bench	Dean Hacker	305	1987
Squat	John Mueller	500	2006
Total	John Mueller	670	2006

170 Class

Bench	Dean Hacker	330	1988
Squat	Spencer Fricke	540	2013
Total	Spencer Fricke	810	2013

185 Class

Bench	Dave Chaloupka	325	1988
Squat	Erik Gaiovnik	460	2005
Squat	Spencer Fricke	460	2012
Total	Bob Masse	710	2008
Total	Spencer Fricke	710	2012

220 Class

Bench	Peter Katz	370	1997
Squat	Stephen Heili	540	2012
Total	Jacob Mueller	775	2007

Hwy Weight

Bench	Jim Madden	370	1992
Squat	Jacob Mueller	635	2009
Total	Jacob Mueller	860	2009

200 Class

Bench	Bob Masse	295	2009
Squat	Matt Peters	535	2009
Total	Nathan Miller	780	2013

Women's Free Weight Records

125 Class

Bench	Steph Lambert	100	2004
Squat	Marissa Kohlbeck	220	2012
Total	Marissa Kohlbeck	310	2012

140 Class

Bench	Gretchen Bauknecht	105	1997
Squat	Darcie Walston	315	2005
Total	Darcie Walston	420	2005
	Mina Farazad	420	2005

155 Class

Bench	Michelle Rodewald	120	1996
Squat	Jess Green	300	2005
Total	Jess Green	400	2005

170 Class

Bench	Hailey Gill	100	2007
Squat	Hailey Gill	250	2007
Total	Hailey Gill	350	2007

185 Class

Bench	Monique Foster	130	2003
Squat	Ellen Mueller	185	2005
Total	Ellen Mueller	265	2005

Women's Class Records

Bench

Senior	Monique Foster	130	2003
Junior	Leah Gagnon	120	1997
Sophomore	Sara Kalies	110	1997
Freshman	Hailey Gill	100	2007
Fresman	Nicole Wagner	100	2016

Squat

Senior	Jess Green	300	2005
	Mina Farazad	300	2005
Junior	Darcie Walston	315	2005
Sophomore	Mary Simon	225	2005
Freshman	Nicole Wagner	279	2016

Total

Senior	Mina Farazad	420	2005
Junior	Darcie Walston	420	2005
Sophomore	Mary Simon	320	2005
Freshman	Hailey Gill	350	2007
Freshman	Nicole Wagner	350	2016

Power Clean Records

Updated 12/31/16

Men's Division

<u>125 Class</u>	<u>Weight</u>	<u>Year</u>
Jacob Harvey	170	2006
<u>140 Class</u>		
Jacob Eis	180	2008
<u>155 Class</u>		
Jeremy Schmatz	205	2004
<u>170 Class</u>		
Ryan Rank	250	2016
<u>185 Class</u>		
Jake Peters	250	2004
Brett Weyers	250	2010
<u>200 Class</u>		
Peter Katz	275	1997
<u>220 Class</u>		
Matt Brey	235*	2005
<u>Heavy Weight</u>		
John Brigham	280	1999

Women's Division

<u>125 Class</u>		
Meg VanDomelen	95	2003
<u>140 Class</u>		
Gretchen Bauknecht	115	1997
<u>155 Class</u>		
Michelle Eis	130	1997
<u>170 Class</u>		
Leah Gagnon	115	1997
<u>185 Class</u>		
Monique Foster	75	2002

Class Records

<u>Freshmen</u>	<u>Weight</u>	<u>Year</u>
Ryan Kiel	190	2007
Nicole Wagner	100	2016
<u>Sophomore</u>		
Ryan Rank	225	2015
Darcie Walston	100	2004
<u>Junior</u>		
Ryan Rank	250	2016
Michelle Eis	130	1997
<u>Senior</u>		
John Brigham	280	1999
Monique Foster	75	2002
<u>8th Grade</u>		
Spencer Fricke	160	2010