

# Roncalli Jets Summer Camp Opportunities

Girls Basketball

Boys Basketball

Football

Soccer

Volleyball

Sportsmetrics with HFM

Due date for registration is two weeks before the camp begins. Late entries are not guaranteed a t-shirt.

Send registration and check to:  
**Roncalli High School**  
2000 Mirro Drive  
Manitowoc, WI 54220



# Summer Camps 2017

Fundamentals and Teamwork



## Sportsmetrics

### Sportsmetrics High School

Location: Roncalli High School  
Session Details: Mondays, Tuesdays, Thursdays  
10:00-11:30 am  
Begins June 5- July 20 No classes July 4  
Cost: \$99 each  
Max Registrants: 30

### Sportsmetrics Youth

Location: Roncalli High School  
Session Details: Mondays, Tuesdays, Thursdays  
11:30-1:00 Begins June 5- July 20 No classes  
July 4  
Cost: \$99 each  
Max Registrants: 30

### Don't Be Left on the Sidelines!

Prevent knee injuries AND enhance sports performance with... Sportsmetrics™, a research based jump program for all ages.

Reduce the risk of serious knee injuries

- Increase vertical jump height by up to 4 inches
- Improve hamstring and quadriceps strength
- Improve landing mechanics
- Reduce side to side movement at knee

Any questions please call  
Bethany Glinski at 920-320-4565



## Volleyball Camp

**Dates:** July 18, 19, 20

Grades 4-6 9:00-10:30 a.m.  
Grades 7-9 11:00-1:00 p.m.

**Cost:** Cost of the Camp is \$35 for the three days and includes a t-shirt.

**Camp Objectives:** Our objective is to help girls get a better understanding of volleyball by helping campers improve their volleyball skills through a fun but challenging atmosphere. Along with the help of the high school girls volleyball team, we will also provide instruction of the basic fundamentals, team aspects, drills, games and skill competitions.

Camp Director: Dave Mueller  
920-686-8148



### Jet Link Soccer Camp

#### *2nd Grade through 8th Grade*

Monday, July 10 – Thursday, July 13  
1:00 pm – 4:00 pm each day

Cost: \$40.00, which includes a T-shirt.  
This camp is geared toward the development of soccer skills + team work. Emphasis will be on fundamentals of offense and defense, soccer vocabulary, basic goalkeeping, and magic ball.

#### *4 – 6 year olds*

Monday, July 10– Wednesday, July 12  
6:30 pm – 7:30 pm

**Each child must be accompanied by an adult.**

Cost: \$20.00, which includes a size 3 soccer ball \$30.00, with ball and t-shirt  
Emphasis will be on fun, games, foundational skills, encouragement for parent/child activities with the soccer ball.

What to Bring: Shin guards, water bottle, soccer or gym shoes and sunscreen

Any questions call Vicki or Guido Lenaerts at 920-682-3797

### Football Camp

June 12, 13, 14, 15

Each day will have individual and group period when the Roncalli coaching staff will give personal instruction on techniques and fundamentals. This is a technique camp; pads are not used and contact will be limited to hitting and tackling dummies. Proper fundamental techniques will be emphasized. Individual position and team play will be drilled with no one-on-one physical contact.

Clothing: Each player should bring shorts, gym shoes, football shoes, socks, supporter and a T-shirt. Lockers will be available if players want one. Roncalli High School will not be responsible for lost items.

Grades 7, 8 and 9 3-4:45 pm  
Grades 4, 5 and 6 5-6:45 pm  
The cost per player will be \$40 and includes a t-shirt

Camp Director  
Scott Senglaub  
Head Football Coach  
920-682-8801

### Boys Basketball Camp

June 12, 13, 14, 15

Grades 4-6 3-4:45 pm  
Grades 7-9 5-6:45 pm  
**Cost:** \$40 for the four days and includes a t-shirt.

We have designed JET CAMP for boys to meet the needs of players of all ability levels. Our goal is to provide quality instruction of the fundamentals of basketball for grade school boys. The emphasis of this camp will be to help the players improve their skills for the next season and future years. Also, current Jet basketball players will be used to demonstrate skills and share their experiences in basketball. Camp features will include a Camp T-shirt - competitive full and half court games - shooting instruction - passing and ball-handling drills - team and individual defense - individual workouts and drills for continued development .

Camp Director: Joe Garceau  
Head Boys Basketball Coach  
920-645-1328

### Girls Basketball Camp

June 12, 13, 14, 15

Grades 4-6 8:30 am - 10:30 a.m.  
Grades 7-9 10:30 am - 12:30 p.m.

**COST:** Cost of the Camp is \$40 for the four days and includes a t-shirt.

This camp stresses fundamentals while incorporating team concepts and play. Special emphasis will be placed on individual offensive and defensive skills. The camp will utilize innovative drills, competitions and games to teach the fundamentals. Teaching sessions will include instruction on ball handling, passing, shooting, footwork, advanced skill development, along with team offensive and defensive concepts.

Camp Director: Ned Jacquart  
Head Girls Basketball Coach  
920-901-4729



### *One Registration per Person*

Check can be made out to: Roncalli High School

Camp Dates:

Check all that apply:

<input type="checkbox"/>	Girls Basketball	June 12-15—\$40
<input type="checkbox"/>	Football	June 12-15—\$40
<input type="checkbox"/>	Boys Basketball	June 12-15—\$40
<input type="checkbox"/>	Soccer	July 10-13—\$40
<input type="checkbox"/>	Mini- soccer	July 10-12-\$20/30
<input type="checkbox"/>	Volleyball	July 18-20—\$35
<input type="checkbox"/>	Sportsmetrics HS	
<input type="checkbox"/>		June 5-July 20—\$99
<input type="checkbox"/>	Sportsmetrics Youth	
<input type="checkbox"/>		June 5-July 20—\$99

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Contact number \_\_\_\_\_

Grade for 2017-2018 school year \_\_\_\_\_

T-shirt size—circle one:

YS, YM, YL, SM, M, L, XL

**PARENT'S STATEMENT:** In case of an accident or emergency, I hereby authorize the camp directors to act according to their best judgment in any emergency requiring medical attention. I accept full responsibility for liability and cost of treatment.

Parent Signature: \_\_\_\_\_

Roncalli High School  
2000 Mirro Drive  
Manitowoc, WI 54220  
Main Office  
920-682-8801

**Please return this section only at least 2 weeks prior to the camp you are registering for**