

# Roncalli Jets Summer Camp Opportunities

Girls Basketball

Boys Basketball

Football

Soccer

Volleyball

Sportsmetrics with HFM

Due date for registration is two weeks before the camp begins. Late entries are not guaranteed a t-shirt.

Send registration and check to:  
**Roncalli High School**  
2000 Mirro Drive  
Manitowoc, WI 54220



# Summer Camps 2018

Fundamentals and Teamwork



## Sportsmetrics

### Sportsmetrics High School

Location: Roncalli High School  
Session Details: Mondays, Tuesdays, Thursdays  
10:00-11:30 am  
June 4 - July 19  
No classes July 4  
Cost: \$99 each  
Max Registrants: 30

### Sportsmetrics Youth

Location: Roncalli High School  
Session Details: Mondays, Tuesdays, Thursdays  
11:30-1:00  
June 4 - July 19  
No classes July 4  
Cost: \$99 each  
Max Registrants: 30

### Don't Be Left on the Sidelines!

Prevent knee injuries AND enhance sports performance with... Sportsmetrics™, a research based jump program for all ages.

Reduce the risk of serious knee injuries

- Increase vertical jump height by up to 4 inches
- Improve hamstring and quadriceps strength
- Improve landing mechanics
- Reduce side to side movement at knee

Any questions please call  
Bethany Glinski at 920-320-4565

**Registration due by May 29**



## Boys Basketball Camp

### 8 sessions

4-6 grade - June 18, 20, 25, 27  
July 9, 11, 16, 18  
7-9 grade - June 19, 21, 26, 28  
July 10, 12, 17, 19

Grades 4-6                      8-9:30am  
Grades 7-9                      8-9:30am

Cost: \$50 for the 8 sessions and includes a t-shirt.

We have designed JET CAMP for boys to meet the needs of players of all ability levels. Our goal is to provide quality instruction of the fundamentals of basketball for grade school boys. The emphasis of this camp will be to help the players improve their skills for the next season and future years. Also, current Jet basketball players will be used to demonstrate skills and share their experiences in basketball. Camp features will include a Camp T-shirt - shooting instruction - passing and ball-handling drills - team and individual defense - individual workouts and drills for continued development .

Camp Director: Joe Garceau  
Head Boys Basketball Coach 920-645-1328

**BBB registration due by June 4**



**Jet Link Soccer Camp**

*2nd Grade through 8th Grade*

Monday, July 9 – Thursday, July 12  
1:00 pm – 4:00 pm each day

Cost: \$45.00, which includes a T-shirt.  
This camp is geared toward the development of soccer skills + team work. Emphasis will be on fundamentals of offense and defense, soccer vocabulary, basic goalkeeping, and magic ball.

*4 – 6 year olds*

Monday, July 9– Wednesday, July 11  
6:30 pm – 7:30 pm

**Each child must be accompanied by an adult.**

Cost: \$20.00, which includes a size 3 soccer ball \$30.00, with ball and t-shirt  
Emphasis will be on fun, games, foundational skills, encouragement for parent/child activities with the soccer ball.

What to Bring: Shin guards, water bottle, soccer or gym shoes and sunscreen

**Entry Deadline: June 29—entries will be accepted after the date but not guaranteed a t-shirt or ball**

Any questions call Vicki or Guido Lenaerts at 920-682-3797

**Football Camp**

**Saturday, June 9  
9am—Noon**

The Camp will have individual and group period when the Roncalli coaching staff will give personal instruction on techniques and fundamentals. This is a technique camp; pads are not used and contact will be limited to hitting and tackling dummies. Proper fundamental techniques will be emphasized. Individual position and team play will be drilled with no one-on-one physical contact.

Clothing: Each player should bring shorts, gym shoes, football shoes, socks, supporter and a T-shirt. Lockers will be available if players want one. Roncalli High School will not be responsible for lost items.

Grades 4-9 The cost per player will be \$30 and includes a t-shirt

Camp Director  
Scott Senglaub  
Head Football Coach  
920-682-8801

**Registration Due by May 29**



**Girls Basketball Camp**

**June 11-14**

Grades 4-7 10 am - 11:30 a.m.  
Grades 8-9 11:30 am - 1:30 p.m.

**COST:** Cost of the Camp is \$40 for the four days and includes a t-shirt.

This camp stresses fundamentals while incorporating team concepts and play. Special emphasis will be placed on individual offensive and defensive skills. The camp will utilize innovative drills, competitions and games to teach the fundamentals. Teaching sessions will include instruction on ball handling, passing, shooting, footwork, advanced skill development, along with team offensive and defensive concepts.

Camp Director: Girls Basketball Staff  
920-682-8801

**Volleyball Camp**

**Dates:** June 11-14  
Grades 4-7 8:30-10am.  
Grades 8-9 1:30—3:30 p.m.

**Cost:** Cost of the Camp is \$40 for the four days and includes a t-shirt.

**Camp Objectives:** Our objective is to help girls get a better understanding of volleyball by helping campers improve their volleyball skills through a fun but challenging atmosphere. Along with the help of the high school girls volleyball team, we will also provide instruction of the basic fundamentals, team aspects, drills, games and skill competitions.

Camp Director: Dave Mueller 920-686-8148

*One Registration per Person*

**Check can be made out to: Roncalli High School**

Camp Dates:  
Check all that apply:  
 Football June 9 - \$30  
 Girls Basketball June 11-14 - \$40  
 Volleyball June 11-14 - \$40  
 Boys Basketball Summer - \$50  
 Soccer July 9-12 - \$45  
 Mini- soccer July 9-12 - \$20/30  
 Sportsmetrics HS June 4-July 19 - \$99  
 Sportsmetrics Youth June 4-July 19 - \$99

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Parent Name \_\_\_\_\_

Contact number \_\_\_\_\_

Grade for 2018-2019 school year \_\_\_\_\_

T-shirt size - circle one:  
YS, YM, YL, SM, M, L, XL

**PARENT'S STATEMENT:** In case of an accident or emergency, I hereby authorize the camp directors to act according to their best judgment in any emergency requiring medical attention. I accept full responsibility for liability and cost of treatment.

\_\_\_\_\_  
Parent Signature